



International Day of Yoga

21st June 2018



Symbiosis has been celebrating International Yoga Day consecutively for the last four years with our students, staff for the betterment of society, to help in building a Prosperous and Mindful Nation. This year the theme of International Yoga Day celebration was "UNITY OF MIND & BODY" & 108 days Yoga Challenge. On this occasion along with routine ASANAS, PRANAYAMAS & RELAXATION, an innovative Meditation on "Vasudhaiva Kutumbakam" through the "Unity of Mind & Body" was performed by Directors, Staff, Officers, and National & International Students.

21st June 2018 @ Symbiosis

Yoga literacy drive execution was done through a team effort by Symbiosis Centre for Yoga (SCY), Recreation Wellness Centre (RWC), University Sports Board (USB) and Campus Administrators of respective campuses along with the Director of the Institute.

CAMPUS WISE REPORT OF THE CELEBRATION OF INTERNATIONAL DAY OF YOGA

Campus Name: **Symbiosis Institute of Operational Management (Nashik)**

Organizing Institute (Director): **Dr. Vandana Sonwaney**

Campus Admin: **Col.Dr. Romi Naik Jaindari (Retd.)**



Campus Name: **Bengaluru Campus**

Organizing Institute (Director): **Dr. Triveni G Mathur , SSMC-B**

Campus Admin: **Mr. T Sunil Jacob**



Campus Name: **ELTIS and Atur Centre.**

Organizing Institute (Director): **Prof. Shirish Sahasrabudhe Director ELTIS**

Campus Admin: **Mr. Ahok Yadav (Estate Supervisor)**



Campus Name: **SYMBIOSIS, HYDERABAD CAMPUS**

Organizing Institute (Director): **Dr RK Jain, Director, SIBMH**

Campus Admin: **Lt Col Patil BRG (Retd)**



Campus Name: **S. B. Road, Pune**

Organizing Institute: **SIHS, SSE, SCON & Symbiosis Head Office**



Campus Name: **SIMS Kirkee**

Organizing Institute (Director): **Dr. Rajiv Divekar.**

Campus Admin: **Lt.Col M.N Bade.**



Campus Name: **Lavale Hill top, Pune.**

Organizing Institute (Director): **Dr. Nayana Nimkar Director SSSS**

Campus Admin: **Col. Atholi**



Campus Name: **NOIDA**

Organizing Institute (Director): **Prof. (Dr.) Shrirang Altekar (SCMS-N)**

Campus Admin: **Lt. Col. Vijay Kumar, Retd.**



Campus Name: **SIC, Hinjewadi, Pune**

Campus Admin: **Lt. Col. P.L. Kadam, Retd.**



Campus Name: **NEW VIMANNAGAR Campus, Pune**

Campus Admin: **COL. MOHAN**



Campus Name: **Old Viman Nagar, Pune**

Organizing Institute (Director): **Dr.Adya Sharma, Dr.Anupam Siddharth, Dr.Kedia.**

Campus Admin: **Col. Mohan**



Campus Name: **Lavale Hill Base, Pune**

